

Brillion Public Schools

Local Wellness Policy Report Card | 2019-2020

A local wellness policy guides a school district's efforts to create a healthier school environment. Effective wellness policies support a culture of health by establishing healthful practices and procedures for students, staff, and families. School districts participating in the federal Child Nutrition Programs are required to complete an assessment of their local wellness policy, at minimum, once every three years. This report summarizes policy objectives and details the results of the most recent evaluation. For questions regarding the results or for information on joining the wellness committee, contact Margie Bauknecht at mbaukne@brillionsd.org.

Overall Rating:

3

Ratings are based on a four-point scale to measure success in meeting/complying with each objective.

0 = objective not met/no activities completed

1 = objective partially met/some activities completed

2 = objective mostly met/multiple activities completed

3 = objective met/all activities completed

Nutrition Standards for All Foods in School	Rating
The food service program shall comply with Federal and State regulations pertaining to the selection, preparation, consumption, and disposal of food and beverages as well as to the fiscal management of the program.	3
All foods available to students in the dining area during school food service hours shall comply with the current USDA Dietary Guidelines for Americans, including competitive foods available to student a la carte.	3
As set forth in Policy 761, entitled Free and Reduced Price Meals, the guidelines for reimbursable school meals are not less restrictive than the guidelines issued by the U.S. Department of Agriculture (USDA).	3
All foods available to students in District programs, other than the food service program, shall be served with the consideration for promoting student health and well-being.	3
School nutrition services shall use the Smarter Lunchroom Self-Assessment Scorecard to determine ways to improve the school meals environment.	3
School nutrition services shall implement at least one Smarter Lunchroom techniques at each school.	3

Nutrition Promotion	Rating
School nutrition services shall use the Smarter Lunchroom Self-Assessment Scorecard to determine ways to improve the school meals environment.	3
School nutrition services shall implement at least one Smarter Lunchroom techniques at each school.	3
When using food and/or beverages as part of class, in a curricular based food experience, or student incentive program, staff and students are encouraged to use healthy, nutritious food and beverage choices or provide a healthy alternative.	3
Provide a positive environment and appropriate knowledge regarding food and beverages.	3
Nutrition education shall be included in the Health curriculum so that instruction is sequential and standards-based and provides students with the knowledge, attitudes, and skills necessary to lead healthy lives.	3
Nutrition education benchmarks and standards include a focus on media literacy as it relates to food marketing strategies.	3
Nutrition education standards and benchmarks promote the benefits of a balanced diet.	3

Nutrition Education	Rating
Nutrition education shall be included in the Health curriculum so that instruction is sequential and standards-based and provides students with the knowledge, attitudes, and skills necessary to lead healthy lives.	3

Nutrition Education	Rating
Nutrition education benchmarks and standards include a focus on media literacy as it relates to food marketing strategies.	3
Nutrition education standards and benchmarks promote the benefits of a balanced diet.	3

Physical Education/Activity	Rating
The physical education curriculum shall provide sequential instruction related to the knowledge, attitudes, and skills necessary to participate in lifelong, health enhancing physical activity.	3
The sequential, comprehensive physical education curriculum shall stress the importance of remaining physically active for life.	3
The K-12 program shall include instruction in physical education as well as opportunities to participate in competitive and noncompetitive team sports to encourage lifelong physical activity	3
Planned instruction in physical education shall promote participation in physical activity outside the regular school day.	3
Schools shall encourage families to provide physical activity outside the regular school day, such as outdoor play at home, participation in sports sponsored by community agencies or organizations, and in lifelong physical activities like bowling, swimming, or tennis.	3
All students in grades 7-12 shall have the opportunity to participate in interscholastic sports programs.	3
Children and adolescents should participate in 60 minutes of physical activity every day.	3
The district shall also provide opportunities for students to participate in physical activity in addition to physical education.	3

Other School Based Wellness Activities	Rating
The district will offer 4 family-focused events supporting health promotion each year.	3
Schools shall encourage families to provide physical activity outside the regular school day, such as outdoor play at home, participation in sports sponsored by community agencies or organizations, and in lifelong physical activities like bowling, swimming, or tennis.	3
The district shall also provide opportunities for students to participate in physical activity in addition to physical education.	3

Policy Monitoring and Implementation	Rating
The District Shall: Involve school administrators, teachers (including physical education and health education teachers), school food service staff, students, parents and guardians, school board members, and other interested members of the school community in the development, implementation, and periodic review and updating of the District's school wellness policy, nutritional guidelines, and related wellness plans. This shall be done through the establishment of the Coordinated School Health Council.	3
The District Shall: Inform students, staff, parents and guardians, and the public of the District's school wellness policy and nutrition guidelines via the District website and via at least one annual inclusion of appropriate reference information (that identifies where/how an interested person can obtain the District policy, reports, and other wellness-related information) within school/District handbooks, newsletters, or another similar method of providing active notice.	3
The District Shall: Prepare an annual school wellness progress report that describes each school's progress toward meeting the District's wellness policy goals over the previous school year and that includes all other content required by applicable federal regulations.	3
The District Shall: At least once every three years, conduct a comprehensive assessment of the District's wellness policy and its implementation in each school. The assessment and the resulting report will include all content required by the applicable federal regulations.	3
The District Shall: Make annual school wellness report and each triennial assessment available to the public through posting the reports on the District website in a reasonably prominent manner.	3
The District Shall: The district will actively inform families and the public about the content of and any updates to the policy through the school website and Board of Education meetings	3

Comments regarding progress made towards obtaining policy goals:

The district has made great progress toward health food choices. The district started a garden and is now using produce from the garden for lunches. The district also has a Hydroponic system in which it grows lettuces in winter for the lunch program. The district also offers family oriented physical activities, such as Luv-to-Run, which is a running club and this club continues to grow in membership every year.
