

# Brillion Public Schools

## Local Wellness Policy Report Card | 2016-2017

<p><b>Overall Rating</b></p> <p style="font-size: 2em; font-weight: bold;">2.4</p>	<p>In 2010, the Healthy, Hunger Free Kids Act was passed, which expanded upon previous requirements and included new provisions that place a greater emphasis on the implementation, evaluation, and transparency of local wellness policies. A copy of the Brillion Public Schools wellness policy is available at <a href="http://www.brillionsd.org">www.brillionsd.org</a>. Below you will find a summary of the policy objectives and the results of the most recent evaluation (11/3/2016). The school wellness committee completed the evaluation by scoring the adherence to policy objectives on a four-point scale. For questions regarding the results or for information on joining the wellness committee, contact Dominick Madison at <a href="mailto:mbauknecc@brillionsd.org">mbauknecc@brillionsd.org</a>.</p>
<p>Ratings are based on a four-point scale to measure success in meeting/ complying with each objective.</p> <p>0 = objective not met/no activities completed          1 = objective partially met/some activities completed          2 = objective mostly met/multiple activities completed          3 = objective met/all activities completed</p>	

Nutrition Standards for All Foods in School	Rating
The food service program shall comply with Federal and State regulations pertaining to the selection, preparation, consumption, and disposal of food and beverages as well as to the fiscal management of the program.	3
As set forth in Policy 761, entitled Free and Reduced Price Meals, the guidelines for reimbursable school meals are not less restrictive than the guidelines issued by the U.S. Department of Agriculture (USDA).	3
All foods available to students in the dining area during school food service hours shall comply with the current USDA Dietary Guidelines for Americans, including competitive foods available to student a la carte.	3
All foods available to students in District programs, other than the food service program, shall be served with the consideration for promoting student health and well-being.	0
Food and beverages sold outside the school meal programs on any school campus during the school day must be in compliance with the minimum USDA "smart snacks" nutritional standards, including all permissible exemptions.	3
The sale of food items that meet nutrition requirements at fundraisers are not limited in any way under the standards.	3
The standards do not apply during non-school hours, on weekends and at off-campus fundraising events.	3
The standards provide a special exemption for infrequent fundraisers that do not meet the nutritional standards. State agencies may determine the frequency with which fundraising activities take place that allow the sale of food and beverage items that do not meet the nutrition standards.	3
Vending machines which do not meet the USDA Smart Snack standards are to be closed from midnight the night before until 30 minutes after the end of the school day.	3
Beverages--Any beverages that are not on the approved list of beverages to be sold on the school campus during the school day should not be served or distributed to students during the school day without first receiving permission from the building principal.	0

*Comments:*

Nutrition Promotion	
Ensure that all students have access to healthy food and beverage choices during school and at school functions.	1
Provide a pleasant eating environment for students and staff.	2
In keeping with contractual obligations to the National School Lunch/Breakfast programs, ensure the integrity of the school lunch program by prohibiting food and beverage sales that are in direct conflict with the lunch/breakfast program.	3
Encourage the practice of good nutrition by reducing the sale or distribution of foods and beverages of minimal value through planning that focuses on: increasing access to nutritional foods and beverage and educating students about healthy foods and beverages.	3
The schools shall provide at least thirty (30) minutes daily lunch break.	3
Schools in our system utilize electronic identification and payment systems, therefore, eliminating any stigma of identification of students eligible to receive free and/or reduced meals.	3
Birthday Treats/Classroom Snacks – Teachers and students are encouraged to distribute or serve healthy snacks and treats for student birthday celebrations, classroom parties, and other classroom events.	3
Teacher Rewards or Learning Incentives – The use of foods of minimal nutritional value as teacher rewards or learning incentives should be kept to an absolute minimum and healthy food choices or non-food items should be substituted.	0
Meetings and Events – Foods served at school-sponsored meetings and school-sponsored events on a school campus (or otherwise involving student participation even if not on a school campus) during the school day shall include foods that either (a) adhere to District nutrition guidelines.	1

*Comments:*

### Nutrition Education

Nutrition education shall be included in the Health curriculum so that instruction is sequential and standards-based and provides students with the knowledge, attitudes, and skills necessary to lead healthy lives.	3
Nutrition education benchmarks and standards include a focus on media literacy as it relates to food marketing strategies.	2
Nutrition education standards and benchmarks promote the benefits of a balanced diet.	3
Enable all students, through a comprehensive curriculum, to acquire the knowledge and skills necessary to make healthy food and beverage choices for a lifetime.	3
When using food and/or beverages as part of class, in a curricular based food experience, or student incentive program, staff and students are encouraged to use healthy, nutritious food and beverage choices or provide a healthy alternative.	2
<i>Comments:</i>	
<b>Physical Education/Activity</b>	
The physical education curriculum shall provide sequential instruction related to the knowledge, attitudes, and skills necessary to participate in lifelong, health-enhancing physical activity.	3
The sequential, comprehensive physical education curriculum shall stress the importance of remaining physically active for life.	3
The K-12 program shall include instruction in physical education as well as opportunities to participate in competitive and noncompetitive team sports to encourage lifelong physical activity.	3
Planned instruction in physical education shall promote participation in physical activity outside the regular school day.	3
All students in grades 7-12 shall have the opportunity to participate in interscholastic sports programs.	3
Increase the amount of time students are engaged in physical activity.	0
<i>Comments:</i>	
<b>Other School Based Wellness Activities</b>	
Schools shall encourage families to provide physical activity outside the regular school day, such as outdoor play at home, participation in sports sponsored by community agencies or organizations, and in lifelong physical activities like bowling, swimming, or tennis.	3
<i>Comments:</i>	
<b>Policy Monitoring and Implementation</b>	
The district shall involve school administrators, teachers (including physical education and health education teachers), school food service staff, students, parents and guardians, school board members, and other interested members of the school community in the development, implementation, and periodic review and updating of the District's school wellness policy, nutritional guidelines, and related wellness plans.	3
The district shall inform students, staff, parents and guardians, and the public of the District's school wellness policy and nutrition guidelines via the District website and via at least one annual inclusion of appropriate reference information (that identifies where/how an interested person can obtain the District policy, reports, and other wellness-related information) within school/District handbooks, newsletters, or another similar method of providing active notice.	3
The district shall prepare an annual school wellness progress report that describes each school's progress toward meeting the District's wellness policy goals over the previous school year and that includes all other content required by applicable federal regulations.	2
The district shall at least once every three years, conduct a comprehensive assessment of the District's wellness policy and	3

its implementation in each school. The assessment and the resulting report will include all content required by the applicable federal regulations.	
The district shall make an annual school wellness report and each triennial assessment available to the public through posting the reports on the District website in a reasonably prominent manner.	3
<i>Comments:</i>	